

30. (currently amended) A method as claimed in ~~any one of claims 18 to~~ claim 29, wherein step d) of increasing the density of the metal shell comprises the step of cold rolling the metal shell.

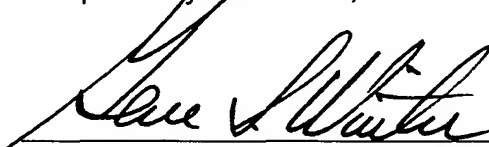
31. (currently amended) A method as defined in ~~any one of claims 18 to~~ claim 30, wherein the metal pieces are made of recycled aluminium scraps.

32. (currently amended) A method as defined in ~~any one of claims 18 to~~ claim 31, wherein the smaller particles of step a) are metal chips, a powder of finely dispersed metal particles, agglomerated powders or particles.

Remarks

By the foregoing Amendment, seventeen of the thirty-two claims are amended to conform to United States Patent Office regulation.

Respectfully submitted,



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